

. A gift from my kitchen.

Banana Oat Nut Bread Mix

Whole grain goodness of oats, oat bran & whole wheat flour.

To: From:

<u>Directions:</u> Pour mix in large bowl; stir with fork, breaking up any large clumps. In medium bowl mix 2 beaten eggs, 1/3 c. water, 2 T. oil, $\frac{1}{2}$ c. applesauce, 1 t. vanilla, $1\frac{1}{2}$ c. mashed ripe banana (3-4 bananas). Mix wet and dry ingredients till just combined. Pour into loaf pan coated with cooking spray. Sprinkle nuts on top. Bake at 350° for 50-60 min., till toothpick inserted in center comes out clean. Cool in pan for 15 min. before removing.

For recipes and ideas visit: www.TheYummyLife.com



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<u>Directions:</u> Pour mix in large bowl; stir with fork, breaking up any large clumps. In medium bowl mix 2 beaten eggs, 1/3 c. water, 2 T. oil, ½ c. applesauce, 1 t. vanilla, 1½ c. mashed ripe banana (3-4 bananas). Mix wet and dry ingredients till just combined. Pour into loaf pan coated with cooking spray. Sprinkle nuts on top. Bake at 350° for 50-60 min., till toothpick inserted in center comes out clean. Cool in pan for 15 min. before removing.

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